

INSPECTION REPORT

04 Children's Home

Care Home Service

Liberté House 19 – 23 La Motte Street St. Helier JE2 4SY

22 March 2024

THE JERSEY CARE COMMISSION

Under the Regulation of Care (Jersey) Law 2014, all services carrying out any regulated activity must be registered with the Jersey Care Commission ('the Commission').

This inspection was carried out in accordance with Regulation 80 of the Regulation of Care (Standards and Requirements) (Jersey) Regulations 2018 (as amended) to monitor compliance with the Law and Regulations, to review and evaluate the effectiveness of the regulated activity, and to encourage improvement.

ABOUT THE SERVICE

This is a report on the inspection of a Children's Home. It is one of nine Children's Homes operated by the Children, Young People, Education, and Skills Department on behalf of the Government of Jersey. The name and address of the home have not been included in this report. This is to preserve the privacy and confidentiality of the children and young people who live there.

Regulated Activity	Children's Care Home Service
Mandatory Conditions of	Type of care: Personal care and personal
Registration	support
	Category of care: Children and Young People
	(0-18)
	Maximum number of care receivers in receipt of
	combined personal care and support: Withheld to
	preserve the privacy of the children and young
	people who live in this home.
	Age range of care receivers: 10 to 18 years old
Discretionary Condition of	None
Registration	
Date of Inspection	22 March 2024

Time of Inspection	9:45am to 1.30pm
Type of Inspection	Unannounced
Number of areas for	12
improvement	
Number of care receivers	Withheld
using the service on the day of	
the inspection	

The Government of Jersey operates this Children's Care Home service through the Children, Young People, Education and Skills (CYPES) department. The service is without a Registered Manager, and an Interim Manager is in place.

The Commission received a request on 18 September 2023 to deregister the Registered Manager, and further details were provided for the interim management arrangements, which remain in place at the time of inspection.

SUMMARY OF INSPECTION FINDINGS

The following is a summary of what we found during this inspection. Further information about our findings is contained in the main body of this report.

Interim management arrangements were in place; however, due to on-going management vacancies in the wider service, there had been limited management oversight and support to the staff team, who had been experiencing multiple challenges. This has been strengthened since the inspection; however, a more permanent solution is required.

Staff recruitment and retention remain consistent issues for this service. The Registered Provider must address this issue to provide consistency for care receivers and enable this service to have a stable staff team.

Formal reflective staff supervision has not been consistently completed since January 2024. In addition, individual staff debriefs, and group supervision have not occurred following significant events that would promote a continuous learning culture and staff wellbeing.

Training records indicate that not all staff have completed mandatory training per the Children's Homes Standards. In addition, staff need to undertake refresher training regarding the primary de-escalation and intervention model, which is critical in meeting current needs within the home. The staff team would also benefit from trauma-informed approach training.

Positively, the regulation officers noted that extensive work had been undertaken to develop a comprehensive suite of policies for Children's Homes that are directly linked to the Standards. However, these needed to be completed and were not formally ratified or operational. There were instances where best practice was not followed, for example, staffing ratios when supporting care receivers on holiday or inducting a care receiver to a new home.

Risk assessment procedures require strengthening, alongside the Registered Manager's capacity to refuse a prospective care receiver based on the compatibility with other care receivers in the home.

Listening to the 'voice of the child' is a crucial element of providing care to children and young people. This and advocacy should ensure that care receivers' voices are heard and acted upon. Where care receivers have refused advocacy, this should be revisited when major care planning decisions are being made concerning them.

In respect of the staff team, the regulation officers noted they carried out their role with dedication and compassion, where the safeguarding and the promotion of children and young people's rights was a priority and was clearly evident. In addition, their resilience and professionalism should be commended.

Children and young people have a right to live in accommodation that is safe, accessible, and meets their needs with a well-trained, motivated, stable staff team that is well-supported to deliver high-quality care. The regulation officers were not assured that care receivers and care staff were adequately safeguarded and supported by this service.

There are 12 areas for improvement as an outcome of this inspection.

INSPECTION PROCESS

This inspection was unannounced and was completed on 22 March 2024. Two Regulation Officers carried out the inspection.

The Children's Home Services Standards were referenced throughout the inspection.¹

This inspection focussed on the following lines of enquiry:

- Is the service safe
- Is the service effective and responsive
- Is the service caring
- Is the service well-led

Prior to the inspection, all information held by the Commission about the service, including previous inspection reports, were reviewed.

The regulation officers were unable to gather feedback from care receivers due to extenuating circumstances on the day of inspection. However, discussions took place with managerial and care staff during the inspection and one professional external to the service provided feedback.

¹ The Children's Home Services Standards and all other Care Standards can be accessed on the Commission's website at <u>Children's Standards | Jersey Care Commission</u>

Records, including policies, care records, incidents, and complaints, were examined during the inspection process.

At the conclusion of the inspection, the regulation Officers provided feedback to a representative of the Senior Leadership Team of Children's Social Care Service.

This report outlines our findings and includes areas of good practice identified during the inspection. Where areas for improvement have been identified, these are described in the report, and an improvement plan is attached at the end of the report.

INSPECTION FINDINGS

At the last inspection, one area for improvement was identified, and an improvement plan was submitted to the Commission by the Registered Provider, setting out how this area would be addressed.

The improvement plan was discussed during this inspection, the need to meet the standards for care staff to complete the mandatory training required for their role were yet to be met.

Is the Service Safe

Emphasising the importance of creating a safe environment so care receivers are protected from avoidable harm, with a focus on policies and procedures.

The regulation officers reviewed notifications of significant events reported to the Commission and other intelligence received before the inspection. It was noted that the information shared on notifications could have been more comprehensive, resulting in gaps in the Commission's understanding of current risk in this service. This is an area for improvement.

On the day of the inspection, this service was being staffed through a mixture of residential care staff assigned to the home, bank staff, and agency workers. A review of the last four inspections have identified the recruitment and retention of full-time staff assigned to this service as a concern. The Commission is aware of similar challenges in the wider residential home provision. The Registered Provider must address this issue urgently, and this is an area for improvement.

The regulation officers examined staff rotas from the last month. Staffing numbers and allocations did not reflect known care planning decisions which resulted in significant changes to working hours. This must be rectified to ensure the actual hours worked by care staff are accurately recorded. In addition, e-rostering had not been completed over the last two to three months, which tracks the number of hours staff work per week. This practice needs to resume as soon as possible to help inform the Registered Provider and Manager to manage staff resources and ensure that staff are not regularly working over the recommended 48 hours per week as recommended in the Children's Home Standards. This is an area for improvement.

The regulation officers were concerned about the risk assessment in relation to the staffing ratios during a planned holiday, which compromised safety and could have posed significant risks for the care staff and the care receiver. The regulation officers examined the service policy regarding taking care receivers on a holiday. The service acknowledges that this policy has yet to be formally ratified. However, it was recommended that "It is best practice when going off Island overnight to have a minimum of two staff, so staff can have rest time, and support each other." Decision-making regarding staff ratios during a holiday did not promote this best practice. This is an area for improvement.

Other risk assessment documents were examined by the regulation officers, which included a safety plan (should the care receiver go missing), an impact risk assessment (suitability of identified home and care receiver matching), a risk management plan (identified risks and management/mitigation of those risks) and a risk assessment form (identifying risk before and after additional controls are put in place).

While risks were identified and controls put in place to mitigate risks, the narrative of the care receivers' strengths and their lived experience did not sufficiently capture the adverse childhood experiences and the profound impact of trauma in many of the risk assessments. This omission could have helped professionals and care staff understand how these factors contribute to the present situation and limit the development of empathy of care staff for the lived experiences of care receivers.

Impact risk assessments should allow Registered Managers to decline a potential placement of a child or young person where the wellbeing and/or safety of children already living in the home may be compromised. However, the guidance provided alongside the risk assessments forms appears to contradict this option for the Registered Manager. In one case, the regulation officers noted that crucial historical information that could have increased the placement incompatibility was absent. The form would also benefit from a section for decision-makers to record the rationale when overriding a Registered Manager's decision that the prospective placement is unsuitable and detail the measures that will be put in place to mitigate risk. This is an area for improvement.

Inconsistent reporting of significant events was identified in the service's internal incident reporting system, resulting in senior staff in the wider organisation not being fully apprised of any health and safety risks affecting both care receivers and care staff. This was further exacerbated by interim management arrangements, which resulted in limited oversight and support for care staff. The Government of Jersey has a minimum standard policy regarding the 'prevention and management of violence and aggression.' Critical parts of this policy were not followed; escalation procedures must therefore be strengthened for care staff to report concerns and risks, alongside enhanced management oversight. These are areas for improvement.

As part of the inspection a professional external to the service was consulted with and they provided the following comments:

"The leadership in the home was uncertain and the team were not equipped to meet care receiver needs."

"The impact risk assessment has not been completed properly and there was little sign of effective planning on how to manage the current situation."

In relation to transitions, the professional reported, "care plans of all children concerned were negatively affected. The outcome was care plans for a number of children were disrupted unnecessarily. At no point was there evidence of consultation with the children."

Is the Service Effective and Responsive

Assessing the organisation of the service so that care receiver's needs are respected and met.

Decision-making that led to several changes to the care plans for children and young people resulted in matching where known risks were overridden by senior leadership within the service. In addition, the regulation officers noted that the Registered Manager identified that the "staff team at the home were relatively new and not experienced enough to manage complex and challenging behaviours". A representative from the Children, Young People, Education and Skills (CYPES) department reported that the service had "few options, and this was the best possible of what we had available."

Children and young people in residential care have commonly encountered multiple adverse childhood experiences (ACEs) before coming into care, leading to them suffering trauma that can significantly impact their brain development, physical health, ability to make and keep healthy relationships, and stress response systems.

Documentation viewed by the regulation officers during the inspection did not appear to have input from the Child and Adolescent Mental Health Service (CAMHS) on how to interpret and respond to behaviour with a trauma-informed approach. It was also noted that not all care staff had completed training in trauma-informed approaches, which has compromised care planning and dynamic staff responses to significant events. Care staff must receive appropriate trauma-informed approach training, and care and risk management plans would benefit from therapeutic input from CAMHS. These are areas for improvement. Transition planning for these changes to care plans appeared rushed, not personcentred, and where care receivers' wishes and feelings were not always taken into account and communicated in a way that was informative and respectful. The policy for transitions between residential children's homes should be reviewed to prevent such situations from arising in the future and is an area for improvement.

While care receivers are offered an advocacy service where their voice can be heard, this is often not taken up. Where major decisions are made concerning care receivers that may impact their wellbeing, development, and rights, the offer of advocacy should be revisited. This is an area for improvement.

Is the Service Caring

Evidencing fundamental aspects of care and support are provided to care receivers by appropriately trained and competent staff.

On the day of the inspection, the staff team spoke with compassion and promoted the rights of the care receivers to whom they provide care. However, they felt frustrated with care planning decisions that increased risk to care receivers and staff.

Care staff demonstrated a commitment to delivering person-centred care, tailoring their approach to individual care receiver's needs. In addition, they provided examples of how they establish structure and routine for care receivers, alongside building trusting relationships. Family time is actively promoted by care staff in line with care receivers' care plans, with care staff providing examples of how this has been achieved successfully.

Care receiver's education is promoted, with care staff providing examples of supporting care receivers to access education and build on achievements, such as consistent attendance.

Care receivers are offered choice and control regarding their nutrition and food and drink preferences. In addition, access to leisure and recreational activities is

promoted to encourage care receivers to explore, learn, make, and sustain healthy relationships.

The regulation officers found limited evidence of managerial support provided to care staff following significant incidents in this home, impacting on their wellbeing. Staff should be provided with opportunities for formalised incident debriefs and management-led group supervision to provide a reflective space that promotes a culture of openness, collaboration, and continuous improvement. This was not facilitated. Consequently, learning from significant events was compromised, which may have helped improve care staff responses to behaviour and promote trusting relationships with care receivers. This is an area for improvement.

In addition, formal monthly supervision for care staff had not been taking place since January 2024 as per the Children's Homes Standards. Supervision plays a crucial role in supporting, guiding, and empowering staff members working in children's homes, ultimately contributing to the wellbeing and development of the children in their care. This is an area for improvement.

Is the Service Well-Led

Evaluating the effectiveness of the service leadership and management.

A service improvement plan is being developed, with an emphasis on investment in the residential children's service, including a strategy for recruitment and staff retention. The Commission welcomes this; however, this must be given leadership support and prioritised by the Registered Provider.

Interim management arrangements were in place at the time of the inspection; however, this was limited due to a lack of permanent registered manager availability across the wider children's home service. This has resulted in a lack of consistent management presence during a time of significant transition for this home. While care staff were provided with check-in calls and the opportunity to contact a senior manager, they communicated that they did not feel adequately supported and their views were not always actively listened to. Since this inspection, the interim manager arrangements have been strengthened. However, the Registered Provider must ensure that a more permanent option is sought. This is an area for improvement.

The regulation officers viewed staff training records, which appeared incomplete and evidenced that mandatory training had either not been undertaken or refreshed per the Children's Homes Standards. Care staff must be equipped with accredited intervention techniques when they are responding to challenging behaviour or violence and aggression. The training records evidenced that some staff still needed to complete this training or that it needed refreshing. The Registered Provider must ensure that care staff receive training in MAYBO, the service's chosen Prevention and Management of Violence and Aggression model. The regulation officers examined the Positive Behaviour Management policy. Again, this policy had yet to be formally ratified; however, it did state that all care staff should be trained in MAYBO techniques, which should be refreshed annually. This is an area for improvement.

In summary, the Registered Provider has a responsibility to ensure that staff are supported, provided with supervision, appropriately trained and are safe in their workplace.

IMPROVEMENT PLAN

There were 12 areas for improvement identified during this inspection. The table below is the Registered Provider's response to the inspection findings.

Area for Improvement 1	The Registered Provider must ensure that the
	notifications made to the Commission include
Ref: Standard 10.7	sufficient details when there is significant risk to care
	receivers and staff.
To be completed by:	Response of Registered Provider:
Immediate.	The Registered Manager has since addressed this
	situation and will ensure that sufficient details (when
	there is significant risk to care receivers and staff) are
	documented in notifications.
	Service Managers comments:
	With the arrival of a second Service Lead
	management oversight capacity will be evidenced in
	the regular dip sampling around Notifications to
	ensure accuracy and quality.

Area for Improvement 2	The Registered Provider must ensure the
	development of a comprehensive recruitment and
Ref: Standard 3.7	retention strategy for care staff, which should
	encompass a plan for the recruitment of Registered
To be completed by 22	Managers.
September 2024, six	Response of Registered Provider:
months from the date of	It is recognised and acknowledged that staffing
inspection.	resource constraints have impacted the wider
	service, including management capacity. Residential
	managers are working closely with the Senior
	Leadership Team to ensure that comprehensive
	recruitment is ongoing, to ensure that the current

situation is improving. The Registered Manager will
ensure that ongoing recruitment is in the process for
full time and bank staff roles, and it is anticipated that
this will enhance the quality of the service provided
and permit a staffing structure consistent with the
home's Statement of Purpose.
Service Managers comments:
Analysis of recruitment and retention within the
service points towards pay and conditions being a
barrier to enticing applicants.
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A workstream is underway looking at this issue
looking to develop job descriptions and person
specifications which recognise the specialism of
residential childcare. This recognition will bring with
it enhanced training in such areas as therapeutic
intervention and subsequently improved salaries and
career structures.

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Area for Improvement 3	The Registered Provider must ensure that e-rostering
	is completed monthly to enable oversight of the hours
Ref: Standard 3.7	worked by care staff across the wider residential
	service.
To be completed by:	Response of Registered Provider:
Immediate.	The Registered Manager will ensure that the e-
	rostering is reviewed and updated regularly, with
	specific consideration given to the expectations of the
	hours worked by staff across the wider service which
	will provide clarity and oversight.

Service Manager Response:
Concerns about staff being overworked and being
allowed to work excessive overtime have resulted in
the necessity to monitor staff working across the
sector more closely utilising the e-rostering system.
This monitoring has resulted in Registered Managers
and above being more confident that we are
exercising our duty of care towards staff.

Area for Improvement 4	The Registered Provider must ensure that a review of
	policy regarding supporting care receivers on holiday
Ref: Standard 10.10	is undertaken to specify minimum staffing ratios to
	ensure care receiver and care staff safety and
To be completed by 22	wellbeing.
June 2024, three months	Response of Registered Provider:
from the date of inspection.	It is recognised and acknowledged that the Service
	require a broader review of policy, including
	supporting care receivers on holiday, which will be
	reviewed to ensure best practice is in place. Safety
	of the care receivers and staff is always the priority
	and reviewing this policy will be able implementing
	best practice.

Area for Improvement 5	The Registered Provider must ensure that impact risk
•	assessments are completed before placing care
Ref: Standard 5.1	receivers in a children's home. Where the decision
	of a Registered Manager is overridden, the decision
To be completed by 22	maker must document the rationale for this decision
May 2024, two months	and the steps taken to mitigate identified risks.
from the date of inspection.	Impact risk assessments are utilised as a tool to
	assess compatibility of young people within a home,
	among other things. Whilst endeavours are always
	made to work in collaboration with Registered
	Managers, inevitably there are occasions where
	decisions need to be made that deviate from
	recommendation and in these instances steps will
	always be taken by the provider to mitigate identified
	risk and documented as such.
	Service Manager's comments:
	(Also see below response to Area for Improvement 9)
	As part of the referral process and prior to any
	decision being made by the Registered Manager an
	Impact Risk Assessment (IMRA) is compiled and
	then shared by the Registered Manager with the
	Service Manager (Residential) and the Team
	Manager and Social Worker making the referral. The
	home manager has a 'can do' position to any referral
	so the IMRA will usually be used for the Registered
	Manager to indicate what extra resources the home
	will need, to care safely for the child, other children,
	and staff, if referral is accepted.
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	This methodology means that the Registered
	Manager's thinking is evidenced and open to
	appropriate challenge. If there is a refusal to provide

a placement, then the argument for doing so has
been scrutinised and proved is sound. We have not
had any overruling of a Registered Manager's
judgement in the ensuing months.

Area for Improvement 6	The Registered Provider must ensure that the
	internal escalation procedure for staff is reviewed,
Ref: Standard 10.5	strengthened, and embedded where care staff wish
	to share concerns or elevated risks in the home.
To be completed by 22	Response of Registered Provider:
May 2024, two months	The escalation procedure will be strengthened and
from the date of inspection.	embedded. Regular supervision and team meetings
	are now in place where concerns can be raised and
	the escalation process embedded, alongside
	signposting to the complaints policy and
	whistleblowing policy that all staff have access to.
	Service Manager's comments:
	I understand why the staff at this home might feel
	their voices have not been heard in decisions that
	affect their home. I think part of the gap in
	communication both up the line and back down has
	been the reduced management capacity at
	Registered Manager and Service Lead level. This
	capacity has now been strengthened and with
	communication systems referred to above being
	facilitated, feedback loops are more effective and
	efficient.
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Area for Improvement 7	The Registered Provider must ensure that all care
	staff have completed mandatory training as per the
Ref: Standard 11.4	Children's Home standards. In addition, care staff
	must have completed or refreshed MAYBO training
To be completed by 22	and have access to trauma-informed approach
September 2024, six	training.
months from the date of	Response of Registered Provider:
inspection.	A detailed training matrix is being compiled by the
	Registered Manager of the home and this will assist
	in identifying mandatory training requirements for the
	staff team. Time will be afforded to staff in order to
	attend and complete this training in line with the
	appropriate timeframes. The Registered Manager
	worked closely with a MAYBO trainer and a refresher
	in person was delivered in April to the team. Trauma
	informed approach training is being organised in
	conjunction with the training and development team
	for all staff.
	Service Manager's Comments:
	There is a workstream within the development
	programme which is aimed at strengthening the
	psychological offer to children and staff in residential.
	Part of that programme will be to introduce some
	specialist training to augment the training already
	being offered. Of course, we must first ensure all
	basic and mandatory training is completed by all
	staff.

The Registered Provider must ensure that there is
therapeutic oversight and input for children in
residential care and that care plans reflect
therapeutic trauma informed approaches.
Response of Registered Provider:
The model of trauma informed care is being reviewed
and will inform the young people's care plans and
trauma informed approach. The links with CAMHS
and Children's Social Care Service psychologist will
be strengthened.
Service Manager's comments:
(see comments relating to Area for improvement 7).

Area for Improvement 9	The Registered Provider must ensure that the
	transition planning procedure is reviewed and
Ref: Standard 5.3	strengthened when care receivers are introduced to a
	children's residential home. This procedure should
To be completed by 22	prioritise promoting listening to care receivers' views,
May 2024, two months	wishes, and preferences.
from the date of inspection.	Response of Registered Provider:
	It is recognised and acknowledged importance of
	reviewing transition and planning procedure to
	ensure that cere receivers wishes, views and
	preferences are respected to able promote improve
	quality of the service.
	Service Managers comments:
	The transition planning procedure has already been
	strengthened in the short term by Senior Managers
	reiterating their commitment to Best Practice when
	introducing a young person into a home.

This commitment has been communicated out from the Senior Management Team via service managers and service leads and to social work team managers, social workers, registered managers, and residential childcare officers.

There is acceptance that any referral from the social work team must go via the Service Manager of the residential service usually via the Placement and Resource Panel. All referrals will go to the assigned Registered Manager who will engage with the referring social worker to assure themselves that the needs of the child referred are a match to the Statement of Purpose of the home.

It is accepted that the Registered Manager must be the person who exercises judgement on whether a place can be offered or not. Fundamental to that judgement is that the offer is informed by the views of young people residing in the home, the child referred, the families and professionals, social workers and IROs and any other professional who might have a view. Other information will be gleaned from risk assessments etc.

Since February no child has been placed without going through this process. Further strengthening of the process will be provided when the new policy and procedure provided by the Tri-x suite comes into force in July.

The Registered Provider must ensure that the offer of
advocacy services to care receivers is revisited (if
they have previously refused this support) when
major care planning decisions are being made
concerning them.
Response of Registered Provider:
The Registered Manager will ensure that the offer of
advocacy services is given specific consideration to
be able improve outcomes for care receivers.
Service Manager's comments:
I will ask service lead for this home to engage our
advocacy service to discover what the barriers are to
utilising this service and action a plan following that
analysis.

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Area for Improvement 11	The Registered Provider must ensure that care staff
	are provided with opportunities for debriefs and group
Ref: Standard 2.7	supervision led by a manager following significant
	events that may impact staff welfare and promote a
To be completed by:	continuous learning culture.
Immediate.	Response of Registered Provider:
	Debriefs and group supervisions has been prioritised
	and are to be implemented immediately.
	Service Manager's comments:
	With the 2 nd service lead now in post the 10 Homes
	can be equally divided between the two post holders.
	This increase capacity will increase support to
	Registered Managers, facilitating time and energy for
	debriefs etc.

The Registered Provider must ensure that formal
reflective supervision is provided to care staff every
four weeks as per the Children's Homes Standards.
Response of Registered Provider:
It is recognised and acknowledged that staffing
resource constraints have impacted opportunities to
complete monthly supervisions in the normal format.
The Registered Manager has since addressed this
situation and will ensure that all members of the staff
team have regular supervision moving forward.
Service Manager's comments:
With the 2 nd Service Lead now in post the 10 Homes
can be equally divided between the two post holders.
This increase capacity will increase support to
Registered Managers facilitating time and energy for
debriefs etc.

It should be noted that this inspection report should not be regarded as a comprehensive review of all strengths and areas for improvement that exist in the service. The findings reported on are those which came to the attention of the Care Commission during the course of this inspection. The findings contained within this report do not exempt the service from their responsibility for maintaining compliance with legislation, Standards and best practice.



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